



Helensvale 2020 LC Transition Meet

Date	Sunday November 1, 2020
Time	Gates open at: 7.00 AM Session 1: Warmup commences 7.00 AM Session 1: Competition commences 8.00 AM
Venue	Gold Coast Aquatic Centre Marine Parade Southport Each club will be allocated tent spaces – tents can be erected on the day only. COVID Guidelines in place, each club must remain in its dedicated area.
Warmup	Dive starts and pacework will be allocated for Lanes 0 and 9.
Gate Entry	Competitors, registered team managers, registered volunteers & registered coaches are free.
Nomination Fee	\$7.00 per event (plus online gateway charges) <u>Includes electronic program</u> <u>There will be printed programs for officials only.</u>
Nominations Close	Friday October 23, 2020 at 11.59pm or when Helensvale Swimming Club determines the timeline for the meet will extend too long at approximately 350 swimmers.
Age Determination	Age as at Saturday November 1, 2020 for all competitors.
Entries	All entries must be submitted through the Swim Central online link Please Click Here for the Link to Online Entries Page <i>Note: All Swimmers must be fully registered as a Competitive Swimmer (submitted on the Swimming Australia database) at the time of the Meet.</i>
Marshalling	All Club level swim meets in the Gold Coast Region are self-Marshalling
Eligibility	This Meet is for Swimming Gold Coast ‘Competitive’ registered swimmers. ‘Recreational’ swimmers are ineligible to enter. #For eligibility of Visiting swimmers please read ‘Visiting Swimmers’ below.
Visiting Swimmers	Swimmers registered to Gold Coast Clubs that are members of another Federation, or from Inter-state, are permitted to swim. A member of another Federation must be shown in the program with a (V) beside their first name and the Federation they are registered with. Inter-State swimmers (not members of another Federation) must be shown in the program with a (V) beside their surname and the club they are registered with. Swimmers must be registered in SAL Swim Central and be able to enter via the online entry form. There will be no manual entries accepted

Events	<p>As per below Program of Events.</p> <p>Heats only will be swum in each event. If less than 3 nominations are received for an event, the club reserves the right to cancel the event and refund nominations. The club also reserves the right, on the day, to combine heats and events.</p>
Late Entries	<p>Late entries will only be accepted at the absolute discretion of the Race Secretary and a fee of \$50 per event applied. Due to COVID contract tracing measures late entries may not be considered.</p> <p>All enquiries regarding these entries MUST only come through the attending club's Race Secretary and not through individuals.</p>
Results	<p>All heats will be timed finals.</p> <p>1st, 2nd and 3rd placings will be determined from the OFFICIAL TIMES swam in the heats. Medals will be awarded for all 50 & 100m races in the following age groups 8,9,10,11,12,13yrs. 14years & over will be awarded Prize Money 1st \$25, 2nd \$15, 3rd \$10. All 200,400 and 800m events will be awarded Prize Money 1st \$25, 2nd \$15, 3rd \$10.</p>
Collections of Medals	<p>Collection of medals is the responsibility of each swimmer. Medals or Prize Money not collected by the end of the meet will not be redeemed.</p>
Rules	<p>This event will be conducted under: the Swimming Queensland General Rules, SQ Championship By-Laws, FINA and SAL rules</p> <p>Competitors in the first two events should be in the marshalling area 10 minutes prior to the scheduled starting time of the session. In addition, competitors should be in the marshalling area at least two events ahead of the event in progress.</p>
Timekeepers / Lap Counters	<p>Timekeepers will be required to be provided by each club. A timekeeping schedule will be provided at a ratio dependant on the number of swimmers attending. All club volunteers will be require to pre-register via an online link.</p> <p>A Lane Chief per lane will be allocated from competing clubs who will act as the 3rd timekeeper.</p> <p>There will be no spectators for this event.</p>
Photography & Images	<p>In nominating for this Meet, swimmers agree that:</p> <ul style="list-style-type: none"> • They may be photographed by Swimming Queensland, Swimming Gold Coast and the Club approved photographers, • The images may be displayed for viewing and purchasing on site during the Meet and on the photographer's secure website after the Meet, and • They may also be used by Swimming Queensland, Swimming Gold Coast and the Club at its discretion.
Meet Mobile	<p>Results may be published in near real time during this meet at the clubs discretion via the Meet Mobile application.</p> <p>Please note:</p> <ul style="list-style-type: none"> • Results published via Meet Mobile ARE NOT OFFICIAL and should be used as a guide only. • Official meet results are printed by officials during all meets and posted in a prominent position. • Official results are also published within 24hrs of the completion of a meet upon the Swimming Gold Coast website event pages and later on SAL Results Central

Copy of Results	A copy of official results will be available on the event pages of the website www.swimminggoldcoast.org.au and forwarded to Swimming Queensland.
Pool Compliance	The Gold Coast Aquatic Centre has undertaken compliance testing and met all current competitive pool standards, as set by Swimming Australia. The certification can be viewed here.
Competitive Dive Entry	All swimming competitors and/or their parents, accept that, by nominating for this event, that they have read and understand Swimming Australia’s “Dive Entry for Competitive Swimming Policy” and meet the dive competency levels outlined in that policy. This policy can be found here.
Refreshments	Café Catalina will be on site selling a range of hot & cold beverages and meals. There will be no club BBQ.
Parking	Paid Parking is available at GCAC and Broadwater Parklands. There is no free parking.
Force Majeure	In the case of force majeure or any unforeseen circumstance preventing or resulting in a Gold Coast Region swimming event being cancelled, no event registration moneys paid will be refunded.

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Program of Events

GIRLS	EVENTS	BOYS
1	11yrs & Over 800 Freestyle	2
3	12 & Over 200 IM	4
5	8 & Over 50 Breaststroke	6
7	11 & Over 200 Butterfly	8
9	9 & Over 100 Freestyle	10
11	11yrs & Over 200 Backstroke	12
13	9yrs & Over 100 Breaststroke	14
15	11yrs & Over 200 Freestyle	16
17	8 yrs & Over 50 Butterfly	18
19	9yrs & Over 100 Backstroke	20
21	11yrs & Over 400 IM	22
23	11 yrs & Over 200 Breaststroke	24
25	8 yrs & Over 50 Backstroke	26
27	9yrs & Over 100 Butterfly	28
29	8 yrs & Over 50 Freestyle	30

Please note 800m swimmers should be able to swim the event in under 12 minutes. Swimmers still going after 12 minutes will be stopped.

All attendees will be required to understand this information as well as agree to follow/comply with the COVID-19 Terms and Conditions of Entry and Attendance at Events.

All club events, i.e. activities including but not limited to, training, combined training, club nights, presentation days, time trials, dual meets, championships, development, transition and preparation meets, are permissible when complying with the approved Swimming Pool & Aquatic Centre Industry COVID Safe Plan Stage 3. It is the responsibility of the host club/region organising the event to be primarily responsible for staging a COVID-Safe event with the key principles and public health strategies implemented and monitored.

All attendees have a level of responsibility for their own welfare, as well as that of others around them by following the instructions and restrictions in place when attending events. This includes providing contact details, assuring they are well and practicing good hygiene.

As such, there are going to be differences in how events have been conducted in the past and it is important to read and understand all information provided to ensure the safety of all members and continual resumption of our sport.

PHYSICAL DISTANCING & HYGIENE

Physical distancing must be observed during the event, particularly in the designated seating areas. All attendees have a responsibility to ensure this occurs. Event staff, officials and volunteers will be used to remind all attendees and where necessary, remove from the event anyone not doing the right thing. Please be respectful so we can all stay healthy and continue to participate in the sport. Club/Team Managers and coaches, please assist in ensuring your members are seated in the correct area and distancing accordingly.

GROUP MANAGEMENT & CONTACT TRACING

The emphasis in Stage 3 is on group management to limit co-mingling and to allow for targeted contact tracing with the least amount of impact to the event and community. To comply with the Industry Plan, host clubs will have Event Site Maps that clearly show defined areas/spaces and flow in and around the venue.

Once nominations are finalised, each 'club group' will be assigned to these defined areas/spaces, showing clearly where they are to be seated during the meet. This will be communicated prior to the meet with final information.

Upon arrival and departure all attendees* must provide their details using EVA Check-in (or similar). This is a quick and easy process, using a QR Code specific to the event, and needs to be completed for each person on site. The QR Code will be printed and displayed by the event host at various locations, particularly entry/exit points. All attendees can complete this for themselves when arriving and departing on their device. There will be an option to collect details manually by the host club upon arrival for those unable to utilise the electronic process.

* Please note, participating swimmers (or parents/guardians on their behalf) are required to also check in and out as above for targeted contact tracing based on the captured time in and out. Alternatively, so long as the guardian profile in Swim Central of the nominated swimmer contains a mobile number, this list will be used for contact tracing irrespective of the time in attendance. See SQ Club Activity FAQ for further information about this process.

Failure to comply with this will result in ALL attendees at the event requiring to undergo isolation for 14 days where a positive COVID case presents and potential fines.

CLOSED EVENTS

In order to comply and manage the COVID requirements, SQ strongly recommends all meets are run as closed events with self-marshalling. To effectively run a closed event, a pre-allocation to each club based on their swimmer numbers, for adult attendance should be in place. These adults (parents and/or carers) will fill the role of Club/Team Manager, to help supervise and support the swimmers from their Club during the event or may attend in a volunteer capacity to help the host club with general running (i.e. timekeeper, etc.). Clubs may allow these positions to be split across sessions of the meet between parents, so long as contact details are captured for tracing purposes.

Depending on the capacity of the venue and ability to cater for required numbers, a ratio will be used to ensure a fair distribution of passes are available to each club attending the event. Host clubs can determine the allocations once nominations are closed.

Please note, a healthy number of allocations based on a ratio of swimmers per club is required to cater for adequate supervision of young swimmers, where appropriate. Each club attending will be responsible for the distribution of their Clubs' allocated Club/Team Manager passes once received by the host club, with consideration given to their individual athletes attending and any specific care or health issues of note.

Please liaise with your Club around interest in attending in the capacity of a Club/Team Manager when nominating, or with the host club for interest in filling a volunteer role if they are seeking this assistance.

SELF-MARSHALLING

Swimming Queensland, with the assistance of Brisbane Swimming (BSA), have put together the below information to assist all clubs and regions in Queensland with self-marshalling. Brisbane Swimming successfully trialled self-marshalling during the 2020 Vorgee Brisbane Senior Metropolitan Championships.

Self-marshalling not only allows swimmers to warm up more effectively, as they're not required to spend time in the marshalling room prior to their event, it also frees up Technical Officials to perform other officiating roles, as well as helping host clubs to comply with COVID restrictions.

Please consider the below an example of how self-marshalling will operate at the event you are attending, noting that individual clubs may implement a slightly different process. The process outlined here reflects that which will be in place at events hosted by SQ and BSA.

Self-marshalling process for swimmers

On event day, swimmers report to the Self-Marshalling Area located behind the starting platform of their designated lane. Swimmers should report a certain number of heats prior to their heat being in the water, as follows:

50M Events	Four (4) heats prior to the heat in the water
100M Events	Four (4) heats prior to the heat in the water
200M Events	Three (3) heats prior to the heat in the water
400M Events	Two (2) heats prior to the heat in the water
800M & 1500M Events	One (1) heat prior to the heat in the water

Meet Information for Attendees

Before reporting, swimmers must ensure they know their:

- Event number/s
- Heat number/s
- Lane number/s

Swimmers can approach the Help Desk for assistance as required or ask their Club/Team Manager or Coach.

A reporting swimmer follows the below steps:

- Report to the Self-Marshalling Area behind the starting platform in the lane they're allocated
- Move progressively forward, with the other swimmers in their heat
- Mark off their name on the program at their designated lane just before their heat is swum

Self-marshalling set-up

A program is published by the host club, which is final (i.e. no re-seeding or modification to lane allocations except where 800m and 1500m heats can be combined). This published program should be distributed to all attending clubs and it is recommended that it be published on a website/social media. Meet hosts are also encouraged to use Meet Mobile, while generating a timeline can also be useful as a guide.

Late entries, if accepted, should be handled via spare lanes or additional heats.

A Help Desk should be setup on pool deck or nearby the self-marshalling location, so that swimmers, team managers or coaches can seek event information or notify of any withdrawals from heats and finals. Copies of the program should also be made available.

A Self-Marshalling Area should be setup behind the starting platforms for swimmers to organise themselves. Approximately four (4) heats worth of swimmers should be able to be accommodated in this space. This can be done using rows of chairs, markings on the ground or similar.

A marshalling board (electronic or a physical A-frame) should display the event and heat currently in the water to allow swimmers (with the help of their team managers and coaches) to report to self-marshalling when required. The Announcer would also announce the event and heat of the race in the water.

SQ will actively monitor all relevant guidelines, health directives and restrictions and will communicate any updates to members, primarily through social media, so follow us here. We're all in this together and have a shared responsibility in keeping ourselves, our loved ones and the greater community safe by following all restrictions and measures in place at all times and we appreciate the support of our members in keeping our sport safe.

IMPORTANT: Routine inspections of events may be conducted with both Queensland Health and Queensland Police Service able to issue on-the-spot infringements for individuals and organisations for non-compliance with Public Health Directions. Current fines are \$1,334.50 (individuals) and \$6,672.50 (organisations).



SWIMMING QUEENSLAND

COVID-19 Terms and Conditions of Entry and Attendance at Events

All attendees will be required to read these Terms and Conditions and the Meet Information before nominating for, or attending the event. Nominating for, or attending the event confirms your acceptance of these Terms and Conditions.

Purpose

The purpose of this document is to provide COVID-19 terms and conditions for attendees at events and club activities in Queensland

Terms and Conditions

Swimming Queensland (SQ) will take reasonable, proportionate steps in accordance with published advice, to respond to the current (known) risks associated with the virus and requires all event attendees to do likewise.

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1. I acknowledge that by nominating for, or attending an event I agree to abide by and adhere to these COVID-19 Terms and Conditions.
 2. I acknowledge that I must follow all COVID Safe directions related to attendance at an event.
 3. As an attendee, I understand that I am responsible for adhering to physical distancing, health, and hygiene guidelines. Including, but not limited to:
 - Keep 1.5 metre distance between yourself and others
 - Adhere to all designated venue flow, entry and exit points as per event maps
 - Stay home, do not attend the event, and seek testing if you have symptoms
 - Wash your hands often and cover coughs and sneezes
 - Do not share food, drink, or sporting equipment with others
 4. I confirm, that neither I, nor any member of my household, is experiencing any COVID-19 symptoms, been in contact with any confirmed or suspected COVID-19 cases, been present in any COVID-19 hot spots in the previous 14 days or travelled internationally.
 5. I confirm that if I return a positive COVID-19 test within 14 days of the event, I will immediately notify my Club and SQ.
 6. I acknowledge that I have read, understood, and agree to comply with the published Meet Information.
 7. I warrant that I will provide all required information and that it will be true and correct.
 8. I authorise my information to be used and disclosed to relevant bodies where necessary to implement the government directions with regards to COVID-19 and the resumption of sporting activity; in particular for contact tracing purposes as required from time to time.